

I Remember

Fifty Prompts to Write Your Life Story



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1

The Most Fun I Ever Had

Write about times you spent with a grandparent or someone else you looked to as a grandparent, e.g., your aunt, uncle, family friend, etc. What did you do with this person? What made being with him/her so much fun? Do you remember one time in particular? What was this person like? How often did you get to spend time with him/her?

[illegible]

2

My Favorite Day

As a child, what was your favorite day of the week? Why was this your favorite day? What did you do on this day? What made it different from the other days of the week? With whom did you typically spend this day? Did your favorite day of the week change over time? If so, why did it change?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

3

I'll Always Remember the Day

Think about your elementary school days, and try to remember a particular day, an event, or an occasion that sticks in your memory. Describe that time in detail. What happened? What makes this time so vivid in your mind? Why have you remembered it all these years? Is this a positive or negative memory?

[illegible]

4

My Childhood Bedroom

Visualize your childhood bedroom. If you've had more than one bedroom, pick the one that is most vivid in your memory. Mentally put yourself right back in the center of the room. What did the room look like? How did you feel being in this room? What was this bedroom to you? Was it only a place to sleep, or did it serve another purpose? What was in the room? Be specific. Did you share it with anyone? What did you see outside the window? Description at its best focuses on all the senses, not just sight. In addition to what you saw, what did you smell? What did objects in your bedroom feel like? What sounds could you hear in this room?

[illegible]

5

What a Character

Who was a character in your hometown? Define *character* as you wish—someone funny, peculiar, eccentric, odd, etc. Why did you consider this person a character? What did he or she do that made him/her stand out to you? How did you know this person? What was your relationship with him/her? Do you remember any specific interactions with this person? What did other people in your town think of this person? Did other people help form your opinion of him/her as a character? If so, who was that, and how did that person influence you in this way?

[illegible]



My Greatest Accomplishment

What was one of your greatest childhood accomplishments? How did this success come about? What did you do to achieve this feat? What did it mean to you? Did you get a prize for your success? If so, what was your award?

[illegible]